



# SUPER KATINA

by B2 ARNAIA HIGH SCHOOL

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My hometown



My school year experience



Yummy!!!



Humour & Romance



Wanna see a movie?



Proverbs & Sayings

LEO TOLSTOY

Everyone thinks of changing the world, but no one thinks of changing himself...

Art corner



Top 5...



Music



ENJOY YOUR RIDE WITH US

## My Home Town



Arnea is a mountainous town in Chalkidiki. Its population is 2200 people . Until recently Arnea has been the “centre” of Chalkidiki since all the public services were housed there. Many tourists from Serbia , Germany and France visit Arnea. In the south of our town there lies Holomontas which is a mountain with many country churches. The biggest church of Arnea is St. Stephanos and two other churches are St. Anargyroi and St. Paraskevi. Finally there is a forest ,called St Paraskevi, which is nearby.

## My School Year Experience

Hello everybody,

When the new school year began ,most of us wanted to go back to summer holidays. SUFFERING began with the new school year as well, like waking up at 7 am. No more walks and the NIGHTMARE of studying ... Days went by fast and the time for the parade,choir and theatre rehearsals had already come.Those who didn't participate in all these were really bored. Well, the day of 28<sup>th</sup> October came and everything went great. After some days the tests for the first term began and most students did well at literature courses and not so well at Physics and Maths.The grades were given and we were quite pleased. And it was Christmas at last!Two weeks with no lessons. PERFECT !!!!We had to rest because after the holidays the second term tests would begin ...Anyway, the second quarter of the year was over. We got our degrees again and we did better this time.

The third quarter is the last. Easter arrived and all students were happy as they could have fun and go out. Unfortunately that lasted only for two weeks and we got back to school. Things are more relaxed now, though because it's only three weeks left for the exams.How will everyone do at the exams? Well, I don't know but I WISH YOU ALL THE BEST AND HAVE GREAT HOLIDAYS!!!!

Rafaela Samara



Photos by Evaggelia Siomou

## WANNA SEE A MOVIE?

### Super Katina recommends “LAW ABIDING CITIZEN”

**CATEGORY:** psychological thriller

**CASE:** A thirty- year old man witnesses the death of his wife and his 6years old daughter during the burglary of their house. After 10 years he kills the 2murderers to torture and everyone that was involved in the case.

**CONTENT:** deaths, trials, designed murders criticism

**EXTRA CONTENT:** deaths that will leave you breathless and scenes that will completely change your mind about how you conceive life.

**FILM REVIEW :** In my opinion the montage was perfect, the actors helped to prove the value of the movie. The costumes were casual and simple and the direction was nice, too.

**Director:** [F. Gary Gray](#)

**Writer:** [Kurt Wimmer](#)

**Stars:**[Gerard Butler](#), [Jamie Foxx](#) and [Leslie Bibb](#)

WATCH THE TRAILER ON : <http://www.imdb.com/title/tt1197624/>



## BROWNIES

### **Ingredients**

400gr flour

3 eggs

100 gr cream

100 grams of butter

50 to 100 grams of white sugar

1k s brandy

2k.s brown sugar

1 handful of raisins

1 sachet of yeast

### **Preparation**

Mix well in a bowl with mixer cream yeast and white sugar. Cover and let rise for an hour. Then pour in the bowl the eggs and the butter, which we have previously melted, the brandy and raisins until the dough doesn't stick to the hands. If necessary add a little flour. Allow the mixture to rise for 1 hour. Put the mixture in muffin pans, sprinkle on top brown sugar and bake them at 180 degrees for about 20 minutes. Bon appetite!!!!



Helen Mageirika



## **HUMOROUS LITTLE POEMS**

**If you were a star , you would be the most shining one...**

**If you were a baby ,you would be the cutest...**

**If you were OK , you would send an SMS ...**

**If you were CHELSEA , you would be British...**

**If you were BARCA , you would be Spanish...**

**If you were PAOK, you would be GOD!!**

**Christos Repanis**

**John Gigirikas**

## **... FOR ROMANTIC HEARTS**

**You get cold, I tremble...You shed tears, I cry...You crack, I break... You forget me... but I love you!**

**When you learn to step on snow without your feeling cold, then maybe you'll learn to love without to hurt...**

**Adolescence is the age that you leave the dolls to deal with cute boys!**

**Don't cry!Just look the sky an remember that someone, somewhere loves you...**

**Helen Chalkia**

**Anna Samara**

## MUSIC

### PUMPED UP KICKS, by FOSTER THE PEOPLE



Robert's got a quick hand. He'll look around the room, he won't tell you his plan. He's got a rolled cigarette hanging out his mouth. He's a cowboy kid. Yeah! He found a six-shooter gun in his dad's closet, with the box of fun things. I don't even know what, but he's coming for you. Yeah, He's coming for you!

(REFRAIN) All the other kids with the pumped up kicks, You better run, better run, outrun my gun. All the other kids with the pumped up kicks, You better run, better run, faster than my bullet. All the other kids with the pumped up kicks, You better run, better run, outrun my gun. All the other kids with the pumped up kicks, You better run, better run, faster than my bullet.

Daddy works a long day. He be coming home late, and he's coming home late. And he's bringing me a surprise. 'cause dinner's in the kitchen and it's packed in ice I've waited for a long time. Yeah the sleight of my hand is now a quick-pull trigger. I reason with my cigarette, Then say, "Your hair's on fire, you must have lost your wits, yeah?"

REFRAIN

Run, Run, Run, Run. Run, Run. R-Run, Run, Run. R-Run. R-Run, Run, Run. R-Run. Run, Run. Run. Run, Run. Run, Run, Run, Run.

REFRAIN (x 4)

<http://www.youtube.com/watch?v=SDTZ7iX4vTQ>



# ART CORNER

by  
George Firiardis

**DADA**



**WAXTA**



by Mageirika Helen

**SUPER  
KATINA**

by Evaggelia Siomou



## PROVERBS

- **Never judge a book by its cover = μην κρίνεις κάποιον από την εμφάνιση**
- **Blood is thicker than water = το αίμα νερό δε γίνεται**
- **Better late than never = κάλλιο αργά παρά ποτέ**
- **There is no smoke without fire= δεν υπάρχει καπνός χωρίς φωτιά**
- **A friend in need is a friend indeed = ο φίλος στην ανάγκη φαίνεται**
- **Once bitten twice shy = όποιος καεί στο χυλό φυσάει και το γιαούρτι**
- **All is well that ends well=τέλος καλό , όλα καλά**
- **Don't count your chickens before they are hatched=μη γιορτάζεις εκ των προτέρων κάτι που ακόμα δεν έχει εκπληρωθεί**

**...and the saying of the day is ...**

**You all laugh because I'm different .  
I laugh because you are all the same !!!**





## TOP 5: MOST HANDSOME FOOTBALL PLAYERS!

### 1. NEYMAR DA SILVA JUNIOR

**Neymar da Silva Santos Júnior** (born 5 February 1992), commonly known simply as **Neymar**, also known by his shirt name **Neymar Jr.**, is a Brazilian footballer who plays in the Brasileirão Série A for Santos and the Brazilian national football team, mainly as a forward. His playing style has earned him critical acclaim, with fans, media and former player's drawing comparisons to FC Barcelona forward Lionel Messi and Brazil legend Pelé, who has declared Neymar as "an excellent player".



### 2. CRISTIANO RONALDO

**Cristiano Ronaldo dos Santos Aveiro**, (born 5 February 1985), y known as **Cristiano Ronaldo**, is a Portuguese footballer who plays as a winger or striker for Spanish La Liga club Real Madrid and is the captain of the Portuguese national team. Ronaldo became the most expensive footballer in history after moving from Manchester United to Real Madrid in a transfer worth £80 million (€93.9 million/\$131.6 million). In addition, his contract with Real Madrid, in which he is paid €12 million per year, makes him one of the highest-paid footballers .



### 3. DAVID BECKHAM

**David Robert Joseph Beckham**, (born 2 May 1975)<sup>[3]</sup> is an English association footballer who plays for Los Angeles Galaxy. He has played for Manchester United, Preston North End, Real Madrid, Milan, and the England national team for which he holds the appearance record for an outfield player.



#### 4. DANI ALVES



**Daniel Alves da Silva** (born 6 May 1983), commonly known as **Dani Alves**, is a Brazilian footballer. He plays as an attacking right defender for FC Barcelona and the Brazilian national team.

Before joining Barcelona, Alves spent a successful six year spell with Sevilla FC, winning two UEFA Cups and the Copa del Rey with the Andalusian side. He joined Barcelona for €32.5m,<sup>[2]</sup> becoming the most expensive defender to date. Alves won the Treble in his first season with the club and a further Spanish super cup, European super cup, and FIFA Club World Cup, thus achieving the Sextuple. Also, he helped the club to clinch another Spanish super cup, two league titles, and a UEFA Champions League in the years that followed.

#### 5. ALEXANDROS TZORVAS

**Alexandros Tzorvas** (born 12 August 1982 in Athens) is a Greek goalkeeper playing for Palermo and the Greece national football team. During the 2008–09 season, Although Mario Galinović was considered the first option for the goalkeeper position for the 2008–2009 season, Tzorvas had his chances already in October being in the starting eleven for a few games for the Greek Superleague and the UEFA Champions League. Tzorvas is a die-hard fan of Panathinaikos. Once, in a game against Olympiakos at Karaiskákis Stadium, he went in front of the partisan opposition fans and kissed the shamrock badge on his shirt.





**Our editor ,Rafailia Stamou, the Super Katina reporters and our English teacher Mrs Gamvrelli wish you all the best!!!!**

